

VJK KB Diksmuide 26: Session: 5: COACH evaluation sheet for TEAM: SCWR

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Lejeune Melanie

Coaches: Lejeune Yves HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 52: 200M BREASTSTROKE WOMEN 15-16							Heat:3, starttime: 09:14	
Heat: 3/3 Lane : 5 Athlete: GANSEMANS KESSY							Q-time: 02:43:12	
PB (25m pool): 02:43.12 ARRAS 29/12/2025				PB (50m pool): 02:47.21SB: 02:47.69 Leuven 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.31		01:17.75		02:00.55		02:43.12
	00:36.31		00:41.44		00:42.80		00:42.57	
								

Coach feedback:

Event number: 53: 100M BUTTERFLY MEN 11-12										Heat:8, starttime: 09:32	
Heat: 8/9 Lane : 8 Athlete: GRELLIER OSCAR										Q-time: 01:18:43	
PB (25m pool): 01:22.00 Kapelle-op-den-Bos 11/10/2026					PB (50m pool): 01:18.43SB: 01:22.00 Kapelle-op-den-Bos 11/10/2026						
	2 5 M		5 0 M		7 5 M		1 0 0 M				
PB			00:36.90				01:22.00				
	00:36.90				00:45.10						
											

Coach feedback:

Event number: 53: 100M BUTTERFLY MEN 11-12										Heat:9, starttime: 09:34	
Heat: 9/9 Lane : 4 Athlete: BEUSELINCK LIAM										Q-time: 01:09:02	
PB (25m pool): 01:10.49 Nijlen 18/10/2026					PB (50m pool): 01:09.02 SB: 01:10.49 Nijlen 18/10/2026						
	2 5 M		5 0 M		7 5 M		1 0 0 M				
PB			00:32.69				01:10.49				
	00:32.69				00:37.80						
											

Coach feedback:

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Event number: 57: 200M BUTTERFLY MEN 15-16							Heat:2, starttime: 10:25	
Heat: 2/2 Lane : 3 Athlete: VAN SINTEJAN ROMAIN							Q-time: 02:10:42	
PB (25m pool): 02:11.94 Vilvoorde 26/04/2026				PB (50m pool): 02:10.42SB: 02:16.44 Leuven 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.16		01:02.91		no time		02:11.94
	00:29.16		00:33.75					
								

Coach feedback:

Event number: 58: 200M BUTTERFLY WOMEN 15-16							Heat:2, starttime: 10:31	
Heat: 2/2 Lane : 2 Athlete: EL MARGOUM INES							Q-time: 02:31:23	
PB (25m pool): 02:31.23 Mons 26/10/2025			PB (50m pool): 02:32.21 SB: 02:31.82 Leuven 04/10/2026					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.41		01:11.01		01:50.90		02:31.23
	00:33.41		00:37.60		00:39.89		00:40.33	
								

Coach feedback:

Event number: 58: 200M BUTTERFLY WOMEN 15-16							Heat:2, starttime: 10:31	
Heat: 2/2 Lane : 5 Athlete: VEDERNIKOVA VERA							Q-time: 02:21:33	
PB (25m pool): 02:21.33 ARRAS 29/12/2025				PB (50m pool): 02:23.06 SB: 02:27.76 Leuven 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.67		01:07.92		01:46.27		02:21.33
	00:31.67		00:36.25		00:38.35		00:35.06	
								

Coach feedback:

Event number: 59: 100M FREESTYLE MEN 11-12					Heat:3, starttime: 10:39				
Heat: 3/10 Lane : 3 Athlete: GRELLIER OSCAR					Q-time: 01:12:13				
PB (25m pool): 01:12.13 Leuven 04/10/2026					PB (50m pool): 01:12.17 SB: 01:12.13 Leuven 04/10/2026				
	2 5 M		5 0 M		7 5 M		1 0 0 M		
PB			00:34.35				01:12.13		
	00:34.35			00:37.78					
									

Coach feedback:

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Event number: 59: 100M FREESTYLE MEN 11-12					Heat:9, starttime: 10:49
Heat: 9/10 Lane : 4 Athlete: BEUSELINCK LIAM					Q-time: 01:04:47
PB (25m pool): 01:04.47 Leuven 04/10/2026					PB (50m pool): 01:06.78 SB: 01:04.47 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.38		01:04.47	
	00:31.38		00:33.09		
					

Coach feedback:

Event number: 61: 200M BACKSTROKE MEN 13-14							Heat:4, starttime: 11:20	
Heat: 4/5 Lane : 5 Athlete: WAUTERS SACHA							Q-time: 02:28:78	
PB (25m pool): 02:28.78 ARRAS 29/12/2025							PB (50m pool): 02:32.86 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.28		01:12.92		01:50.82		02:28.78
	00:35.28		00:37.64		00:37.90		00:37.96	
								

Coach feedback: